

Lesson 16

Read to know more about the English.

ENGLISH WAYS

Here are some new words:

- spend [spend] — тратить
outside ['aʊt'saɪd] — вне
to play darts [dɑ:ts] — играть в дартс (*бросать небольшие дротики в мишень*)
popular ['pɒpjələ] — популярный
cricket ['krɪkɪt] — крикет
paddle ['pædl] — шлёпать по воде
are used to ['ju:st tə] — привыкли; привыкшие
changeable ['tʃeɪndʒəbl] — меняющийся
roast [rəʊst] — жареный

The British are often called “stay-at-home” people. They **spend** a lot of time at home. They watch television a lot.

Outside the home the British enjoy their time off in many different ways: walking, **playing darts** and different games.

The most **popular** sports are football and **cricket**. Football is the favourite winter game in Britain and cricket — the favourite summer sport. Golf, tennis and horse riding are very popular, too. The British enjoy playing sports and watching them.

Most British families like to spend some time in the country or at the seaside in summer. In hot weather there are a lot of people on the beaches. If the sea is warm they can go for a swim. Or they take off their shoes and socks and **paddle** in the water. They may bring a picnic lunch with them, and they can buy ice cream, tea and drinks. It may rain, but the British **are used to changeable** weather. The family can always sit in the car or go home.



On Sundays the English often drive to visit their relatives. There are many aunts, uncles and cousins to visit.

What about food and drink?

The main meal may be at midday or in the evening. Some people call the midday meal dinner and the evening meal supper or high tea.

A “typical” good British meal is **roast** meat, potatoes and other vegetables. Many English families eat the roast meat hot on Sundays and cold for the other days of the week.

On Sundays many families eat a big lunch.

The British are fond of drinking tea. Some people drink as many as 10 cups a day. They drink coffee, too. For those who do not like tea or coffee there is milk and juice.

You’ve read some other texts about the English people and their ways. What do you remember?